

ABC Therapeutics is dedicated in providing safe direct outpatient therapy services while ensuring the safety of our employees, patients, and their families. We have implemented the policies and procedures below and will be continuously monitoring the following resources which have been used to create our internal COVID-19 prevention procedures:

- [Center for Disease Control and Prevention \(CDC\)](#)
- [World Health Organization](#)
- [COVID Act Now](#)

Covid-19 Daily Screening

Daily temperature checks before entering the clinic for staff, patients, families, or anyone else entering the building. Anyone with a temperature over 100.4 degrees will not be permitted inside the clinic. A questionnaire must also be completed prior to the beginning of treatment.

Expanded COVID-19 Sick Policy

We ask you to remain home if you or any member of your household show symptoms of coronavirus, including, but not limited to:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing.
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If you, your child, or anybody in your household has any of the symptoms above, we require **one of the following** prior to your child returning to in-clinic services:

- Medical clearance from a physician including a date your child is safe to return to in-clinic therapy services **or**
- 10 days from symptom onset **and** resolution of fever for at least 24 hours, without the use of fever-reducing medications, and with improvement of other symptoms

If you, your child, or anybody in your household **tests positive** for COVID-19, follow the CDC guidelines and consult the guidance of a healthcare physician. You will need clearance from a physician prior to returning to for therapy and/or meet the current timeline guidance provided by the CDC for people exposed to people with known or suspected COVID-19 or possible COVID-19.

If you, your child, or anybody in your household **is deemed a close contact*** of COVID-19, we ask you to contact and inform ABC Therapeutics or your therapist immediately and remain out

of the clinic until you have been provided clearance from a physician to return back to in-clinic therapy services.

***Close contact** – Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.

ABC Therapeutics is committed to contact tracing and notifying families who were in close contact with anyone that we find has tested positive for COVID-19 as established by the [CDC](#).

Scheduling and Workflow

- In order to limit in-person services to a minimum, we ask any patients that are able to receive services via Telehealth to continue to do so if this is optimal for your child.
- – one caregiver is permitted to enter the facility per patient
- **Weekly patients** – caregivers are asked to wait in their cars during sessions. You may enter the building to drop your child off to their therapist and to transition between therapy sessions. If your child needs a caregiver to attend their session (medical reasons), one caregiver may be permitted but must remain a safe distance away the entire session.
- Siblings will not be allowed in the clinic, unless under 12 months of age and confined to a carrier or held by a caregiver.
- Separate treatment areas are outlined on the treatment floor in order to create clear physical distancing between clients and staff.

Handwashing and Hygiene

Hand hygiene is an important part of the United States response to the international emergence of COVID-19. Practicing hand hygiene, which includes the use of alcohol-based hand rub (ABHR) or handwashing, is a simple yet effective way to prevent the spread of pathogens and infections in healthcare settings. CDC recommendations reflect this important role. Staff will wash their hands before and after each treatment session for at least 20 seconds.

Additional alcohol-based hand sanitizer stations are available around the clinic that contain at least 70% alcohol. These stations are available for all individuals in the clinic.

Personal Protective Equipment (PPE)

- Cloth or medical masks must be worn by all patients and guests who enter the clinic for children 2 years old and older. If a child is unable or will not tolerate wearing a mask, they will be exempt.
- Masks must always cover the mouth and nose and be worn properly.
- Clear face shields may not be worn as a substitute for a mask
- ABC Therapeutics therapists wear medical masks at all times when treating... Protective eyewear, gloves and face shields are to be used as deemed appropriate by the treating therapist.
- Should one need a break from wearing their mask during the day, they can take a break outside, in their car or deemed appropriate.

Cleaning Protocol

- In addition to our standard daily cleaning, at least 10 minutes will be provided between sessions for proper sanitation of therapy equipment and space.
- Therapy mats and equipment will be cleaned between each session using a hospital-grade disinfectant cleaner.
- Janitorial or designated staff will disinfect all high-touch surfaces (doorknobs, counters, light switches, handles, desks, sinks, faucets, etc.) and bathrooms throughout the day

Management of COVID-19

Exposure

Should any ABC Therapeutics patient or family member be diagnosed with COVID-19:

- ABC Therapeutics will determine close contacts* and exposure risk by confirming whether the client or family member was in the clinic within 48 hours of symptom onset
- If person(s) who tested positive was in the clinic within 48 hours of symptom onset, all patients and family members with close contact will be notified and ask to remain out of the clinic for 14 days from date of exposure or until clearance is obtained by a physician

***Close contact** – Someone who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to specimen collection) until the time the patient is isolated.

Should any ABC Therapeutics staff member be deemed a close contact of COVID-19:

- Staff member will be asked to remain out of the clinic until underdoing the **Test-Based Strategy for Determining when healthcare providers are able to return to work as provided by the CDC**
 - ABC Therapeutics staff members **who are not symptomatic** after COVID-19 exposure – must receive negative results from at least two consecutive respiratory specimens collected ≥ 24 hours apart (total of two negative specimens) tested using an FDA-authorized molecular viral assay to detect SARS-CoV-2 RNA.
 - ABC Therapeutics staff members **who are symptomatic** will be asked to remain home until symptoms have resolved, and either undergo the Test-Based Strategy above or wait 14 days from the date of close contact exposure

Out of State Travel

If you plan to travel out of state or internationally, COVID-19 testing may be required. Please contact us immediately for more information regarding our travel policy.

Help us by Doing Your Part

We ask that you join in our safety measures by taking part in the following activities:

- Please let our staff know if you have any symptoms of illness.
- Practice your own social distancing while inside of the clinic.
- Sanitize your hands upon entering the facility.
- Wash or sanitize your hands before and after each treatment session.
- Please don't hesitate to ask any of our staff to clean something for you if you have any concerns.